

## SAFETY FIRST

## STRANDED IN A VEHICLE IN WINTER WEATHER

Solid waste management employees often brave harsh weather conditions to ensure the proper disposal of waste, even in the depths of winter. Here are essential tips for facing the unexpected during weather-related events.

- Stay in your vehicle.
- Communicate with your supervisor about your situation.
- Call for emergency assistance promptly.
- Use distress signals.
- Raise the hood of your vehicle to attract attention.
- Manage vehicle resources.
- Conserve fuel.
- Beware of carbon monoxide poisoning.
- Watch for signs of frostbite and hypothermia.
- Perform minor exercises to maintain blood circulation.
- Stay awake and alert.
- Use blankets and other items in your vehicle for added insulation.
- Avoid overexertion.

Stay vigilant, be prepared, and prioritize safety when faced with challenging conditions. <u>Learn more by reading our blog.</u>



For more #SWANAsafety info and resources visit SWANA.org/safety



