

SAFETY FIRST

CELL PHONES AND DRIVING DON'T MIX

1. Multitasking is a myth. Our brains cannot process two mentally demanding tasks at once, like driving and talking on the phone.
2. Drivers talking on cell phones miss seeing half of what's around them including red lights, stop signs and stopped traffic.
3. Using a cell phone is more distracting than listening to the radio or talking to passengers.
4. Cell phone users are four times more likely to be involved in a crash.
5. Using voice recognition like voice-to-text, changing music and navigating is even more distracting than talking on the phone.



Thank You to Our Sponsor!



FireRover
DETECT | EXTINGUISH | PROTECT

For more #SWANAsafety info and resources visit [SWANA.org/safety](https://www.swana.org/safety)