

SAFETY FIRST

SEAT BELTS SAVE LIVES

Wearing a seat belt is the single most effective way to prevent death and serious injury in a crash. It protects you and others and just takes a moment.

- Commercial motor vehicle (CMV) drivers and passengers must use seat belts according to federal regulations.
- Not wearing your seat belt affects others. During a crash the seat belt keeps you in place so you don't lose control of your truck and hit others.
- Seat belts aren't just important when you're in traffic. Single vehicle crashes were a leading cause of death for collection workers in 2022.
- Rollover in a large truck increases the likelihood of death by 30 times. In a rollover, a truck driver is 80% less likely to die when wearing a seat belt.



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